

### Winans Academy of Performing Arts Family Resources Guide During COVID-19

(Updated December 15, 2020)

### **Housing; Child Care (For Essential Workers ONLY)**

- Childcare: The best place for essential workers to start is <a href="https://www.helpmegrow-mi.org/essential">https://www.helpmegrow-mi.org/essential</a>. After submitting their info through the website, the family will be contacted by partners of the United Way.
- Housing: WRESA Community Assistance Hotline (24-Hour / 7 day a week (734-334-1567)
   To support the educational needs of students/families newly exposed to homelessness
   or the transiency of foster care due to the COVID-19 health crisis. Students/families will
   be referred to district level homeless and/or foster care liaisons, county-level agencies,
   or state departments depending on identified educational needs



### Food

- The following link will allow citizens of Detroit receive emails on up-to-date food services and their locations: <a href="https://app.smartsheet.com/b/form/eae171c131eb4e629273b4cf46be2ec2">https://app.smartsheet.com/b/form/eae171c131eb4e629273b4cf46be2ec2</a>
- The Parks and Recreation Division of the General Services Department is providing meals for children at participating recreation centers. Parents and children may pick up multiple meals to suit their needs. Meals are offered, Monday – Friday, 8:30 a.m. – 1:30 p.m. at these locations:
  - ✓ Adams Butzel Recreation Center, 10500 Lyndon
  - ✓ Farwell Recreation Center, 2711 Outer Dr. E
  - ✓ Kemeny Recreation Center, 2260 S. Fort St.
  - ✓ Patton Recreation Center, 2301 Woodmere

These additional recreation centers will offer meal pick up on Tuesday, Wednesday and Friday from 8:30 a.m. – 1:30 p.m.

- ✓ Crowell Recreation Center, 16630 Lahser
- ✓ Lasky Recreation Center, 13200 Fenelon
- Local churches providing FREE food distribution on a regularly scheduled basis:

Triumph Church 2760 E. Grand Blvd., Detroit, MI Every Wednesday, 9am to 12pm

Citadel of Praise 20280 Lyndon, Detroit, MI Every Friday 9am to 12pm

Hopewell Baptist Church 1831 Ewald Circle, Detroit, MI Every Monday, 12pm to 3pm

Second Ebenezer Church 14601 Dequindre St., Detroit, MI Every Tuesday, 9am to 12pm

Greater Emmanuel Church of God in Christ 19190 Schaefer, Detroit, MI Every Saturday, 10am to 2pm

- For emergency food assistance, call 2-1-1 or Michigan's statewide toll-free number: 1-844-875-9211
- There are many organizations with online resources that can help you locate the food pantry closest to you. Click on their websites for more information:
  - ✓ Gleaners Community Food Bank
    - This link is to ALL Gleaners Distribution Sites in the Detroit Metropolitan Area
  - ✓ Forgotten Harvest (southeast Michigan only)
    - Follow the link above and use the map on the page to find one of Forgotten Harvest agencies distributing emergency food assistance to those in need.

### **Financial Information and Assistance**

 WAYNE METRO – Wayne Metro understands that our communities are facing unprecedented challenges due to the COVID-19 pandemic. In an effort to respond to the immediate needs of Michigan residents, Wayne Metro is implementing our CARES Relief & Recovery Services. Phone: (313) 388-9799

Apply here: <a href="https://www.waynemetro.org/CARES/">https://www.waynemetro.org/CARES/</a>

✓ Food & Income Support

Distributing food, formula, diapers, wipes & Personal Protection Equipment.

√ Water & Energy Assistance

Providing residents with financial assistance towards energy & water utilities.

Rent & Mortgage Assistance

Providing rental assistance & help towards mortgage payments.

✓ Property Tax Assistance

Offering Property Tax Assistance, which can help reduce property taxes.

✓ Emergency Plumbing Repair

Provide plumbing repairs that will resolve the immediate emergency with access to water services.

✓ Funeral Assistance

Providing financial assistance towards burial and cremation services.

- MATRIX HUMAN SERVICES Assistance with delaying bill payments, financial counseling, and referral programs for emergency services. 313-526-4000 ext. 1411 http://www.matrixhumanservices.org/covid19/
- MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES STATE EMERGENCY RELIEF PROGRAM - Up to \$175 per year in assistance to qualifying low-income households. 2-1-1 https://newmibridges.michigan.gov/s/isd-landing-page?language=en\_US

- MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES EMERGENCY SERVICES Provides additional assistance beyond State Emergency Relief. 2-1-1 <a href="https://newmibridges.michigan.gov/s/isd-landing-page?language=en\_US">https://newmibridges.michigan.gov/s/isd-landing-page?language=en\_US</a>
- City of Detroit ...........An array of resources https://detroitmi.gov/departments/detroit-health-department/programs-and-services/communicable-disease/coronavirus-covid-19/covid-19-city-resources

### **Counseling, Mental Health**

• During times of crisis, children need extra support to process their emotions. Beyond academic resources, one of the most challenging areas for many educators supporting students remotely is emotional and mental health.

Michigan Virtual has launched Michigan Cares program offering free digital lessons focused on developing social, emotional, and mental well-being skills, which have become especially important in the wake of the COVID-19 crisis.

#### The lessons include:

- ✓ Understand and manage their emotions
- ✓ Set and achieve positive goals
- ✓ Feel and show empathy for others
- ✓ Establish and maintain positive relationships
- ✓ Make responsible decisions
- ✓ Recognize signs of poor mental health in themselves and others
- ✓ Develop healthy coping techniques

Register here: https://michiganvirtual.org/sel/michigan-

<u>cares/?utm\_campaign=Learning%20Continuity%20Plans&utm\_source=hs\_email&utm\_medium\_email&utm\_content=86609472&\_hsenc=p2ANqtz-</u>

<u>8dcIrchCO9m9hLWxcdxypEkdUnkaTnA VktFQTbSwqOTds5fcLuK agBtUEXUyKvrtJ63WolZp7rrZ</u> s8CUDRY-KaUWR8yfDTyb IgFHC1BjxXex2I& hsmi=86609472

FREE personal, one-on-one trauma counseling

Mrs. Latechia Taylor
Detroit Police Department
Trauma Specialist
313-410-2873







### **Utilities**



## INFORMATION COMPLIMENTS OF DETROIT CITY COUNCIL PRESIDENT BRENDA JONES



# DO YOU NEED HELP WITH YOUR UTILITIES? THE MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES IS HERE TO HELP!

### FIND OUT IF YOU QUALIFY!

To apply online: go to michigan.gov/mdhhs or, go to a local MDHHS Office.

The Michigan Department of Health and Human Services was awarded millions of extra dollars to help people in need. Plus, the caps and eligibility for aid were temporarily relaxed to help you get more money to pay your utility bills. After September 30, this added funding goes away and the normal rules return. Maximize the aid you can receive, contact DTE at 1-800-477-4747 by September 30!

For complete information - Please read the Detroit Free Press article from September 7th. Click on: https://rb.gy/ds84cv for the link.

### Do you qualify for the:

- · Michigan Energy Assistance Program
- · State Emergency Relief Program
- Home Heating Credit Program

### Did you know?

The average Home Heating Credit issued is \$195. If you receive heating from DTE Energy, Consumes Energy or SEMCO Energy Gas, the credit may be sent directly to the provider.

### **Technology Needs**

- AT&T AT&T expanded eligibility to their Access from AT&T to any household participating in the National School Lunch Program and Head Start. AT&T customers will receive two months free service. https://about.att.com/pages/COVID-19.html
- COMCAST New Comcast customers will receive two months of free service. Comcast's
   Internet Essentials packages have increased data speeds and suspended broadband data
   caps for homes during the crisis. <a href="https://www.internetessentials.com/">https://www.internetessentials.com/</a>
- XFINITY WIFI PUBLIC HOTPOTS Xfinity WiFi Public Hotpots are now open to everyone on the "xfinitywifi" SSID. <a href="https://wifi.xfinity.com/">https://wifi.xfinity.com/</a>
- EveryoneOn: is a service that offers low cost internet and affordable computers. <a href="https://www.everyoneon.org/">https://www.everyoneon.org/</a>.

### **Other Needs**

Join the Metro Detroit Parent and Student COVID-19 Resource Sharing Facebook Group

https://www.facebook.com/groups/233646601012311/?multi\_permalinks=23443847426645 7%2C234438537599784%2C234146407628997&notif\_id=1584314715250702&notif\_t=group\_activity

Health Services
 CENTRAL CITY INTEGRATED HEALTH - HEALTH CENTER
 3427 Woodward Avenue Detroit, MI 48201
 COMMUNITY CLINIC DURING COVID-19

Provides complete health care for the entire family including health screenings, well-child visits, OB/GYN, pediatric and adolescent medicine, internal and geriatric medicine, HIV/AIDS care, physicals, care for diabetes, asthma, blood pressure and cholesterol. Preventive dental care is available every other month.

### Phone

(313) 578-6123 | Main

(313) 831-3160 | Administrative - Main Office

(313) 309-1090 | Fax

(313) 578-6123 | Phone for Web/API display

SERVICE HOURS: Mon-Fri 8:30am-4:30pm; Tue open until 6pm SITE HOURS: Mon-Fri 8:30am-4:30pm; Tue open until 6pm